

Privacy Policy for Leah Amar RD

Effective Date: May 13, 2026

Welcome to the website of Leah Amar (“we,” “our,” or “us”). Your privacy is important to us. This Privacy Policy explains how information may be collected, used, and protected when you visit our website or communicate with our practice.

Information We Collect

We may collect personal information that you voluntarily provide, including:

- Name
- Email address
- Phone number
- Health or nutrition-related information submitted through forms or consultations
- Appointment requests or inquiries
- Information submitted through newsletter sign-ups or contact forms

We may also automatically collect certain non-personal information when you visit the website, such as:

- IP address
- Browser type
- Device information
- Pages visited
- Website usage data collected through cookies or analytics tools
- How We Use Your Information

We may use your information to:

- Respond to inquiries and appointment requests

- Provide nutrition counseling and related services
- Communicate regarding appointments, updates, or services
- Send newsletters or educational content if you opt in
- Improve website functionality and user experience
- Maintain records as required by applicable laws and professional standards
- HIPAA and Health Information

As a healthcare provider, we take the privacy and security of your personal and health information seriously. Any protected health information (“PHI”) collected through patient communications or services is handled in accordance with applicable federal and state privacy laws, including the Health Insurance Portability and Accountability Act (“HIPAA”), where applicable.

Please note that email and website forms may not always be fully secure methods of communication. We encourage patients not to submit highly sensitive medical information through unsecured website forms.

Cookies and Analytics

Our website may use cookies and third-party analytics services, such as Google Analytics, to better understand visitor behavior and improve website performance. Cookies are small files stored on your device that help enhance your browsing experience.

You may adjust your browser settings to disable cookies if you prefer.

Third-Party Links

This website may contain links to third-party websites. We are not responsible for the privacy practices or content of external websites.

Information Sharing

We do not sell, rent, or trade your personal information.

We may share information only when necessary to:

- Provide services you request

- Comply with legal obligations
- Protect our legal rights or patient safety
- Work with trusted service providers who assist in operating the website or practice and who agree to maintain confidentiality

Data Security

We implement reasonable administrative, technical, and physical safeguards designed to protect your personal information from unauthorized access, disclosure, or misuse. However, no method of electronic transmission or storage is completely secure.

Children's Privacy

This website is not intended for children under the age of 13. We do not knowingly collect personal information from children through the website.

Your Rights

- Depending on applicable laws, you may have the right to:
- Request access to your personal information
- Request corrections to inaccurate information
- Request deletion of certain personal information
- Opt out of marketing communications

To make a request, please contact us using the information below.

Contact Information

If you have questions about this Privacy Policy or how your information is handled, please contact:

Leah Amar, RD

Florida Registered Dietitian

Email: info@leahamarrd.com

Phone: 855-532-4731

Website: www.leahamarrd.com

Policy Updates

We may update this Privacy Policy periodically. Any changes will be posted on this page with an updated effective date.